

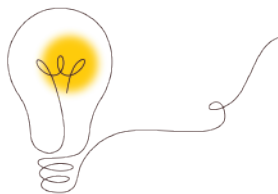
## Real-world impact of weight-related conditions

The widespread adoption of GLP-1s has reinvigorated the weight management space and offered new options for people looking for effective methods to improve their weight-related health. Understanding the real-world impact of pharmaceutical and behavioral interventions is necessary for broader acceptance by regulators, payers, healthcare providers, and healthcare consumers.

For more than a decade, Evidation has conducted studies that measure the real-world impact of weight-related treatment perceptions, behavioral interventions, digital solutions, and chronic disease management.

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Visit these publications to learn more about the study designs and results that were demonstrated with our online member community:

- *Adherent Use of Digital Health Trackers Is Associated with Weight Loss*
- *Continuous Digital Assessment for Weight Loss Surgery Patients*
- *Pilot Results of a Digital Hypertension Self-management Program Among Adults With Excess Body Weight: Single-Arm Nonrandomized Trial*
- *Physical Activity and Dietary Behavior Change in Internet-Based Weight Loss Interventions: Comparing Two Multiple-Behavior Change Indices*
- *Effect of Different Financial Incentive Structures on Promoting Physical Activity Among Adults: A Randomized Clinical Trial*
- *Behaviors and Characteristics of Current and Previous Users of Glucagon-Like Peptide-1 Receptor Agonists (GLP-1) in an Online Health Community*